



## 7. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 03.04.2010

### Detailed evaluation

**Bodlak, Andreas**

Club: Heyda

Number: 204

Course: 9.30 km

Kurze Strecke

Category:

Männer M50

Total time: 49:58

Speed: 10.81 km/h

Running performance: 5:22 min/km

Rank in course/Total: 163 (of 286)

Rank in course/Men: 139 (of 209)

Best time in course: 31:06

Rank in category: 13(of 22)

Best time in the category: 38:42