



7. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 03.04.2010

Detailed evaluation

Schmidt, Mario

Club: HSV Weimar Triathlon

Number: 220

Course: 9.30 km

Kurze Strecke

Category:

Männer M45

Total time: 50:34

Speed: 10.68 km/h

Running performance: 5:26 min/km

Rank in course/Total: 175 (of 286)

Rank in course/Men: 151 (of 209)

Best time in course: 31:06

Rank in category: 26(of 35)

Best time in the category: 36:01