



## 7. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 03.04.2010

### Detailed evaluation

**Kjaersgaard, Trine**

Club: Kaiserslautern

Number: 76

Course: 9.30 km

Kurze Strecke

Category:

Frauen W20

Total time: 52:55

Speed: 10.20 km/h

Running performance: 5:41 min/km

Rank in course/Total: 203 (of 286)

Rank in course/Women: 36 (of 77)

Best time in course: 35:49

Rank in category: 9(of 18)

Best time in the category: 37:05