



7. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 03.04.2010

Detailed evaluation

Raab, Katrin

Club: LSV Lok Arnstadt

Number: 130

Course: 9.30 km

Kurze Strecke

Category:

Frauen W20

Total time: 54:30

Speed: 9.91 km/h

Running performance: 5:52 min/km

Rank in course/Total: 222 (of 286)

Rank in course/Women: 42 (of 77)

Best time in course: 35:49

Rank in category: 11(of 18)

Best time in the category: 37:05