



7. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 03.04.2010

Detailed evaluation

Raab, Marina

Club: LSV Lok Arnstadt

Number: 131

Course: 9.30 km

Kurze Strecke

Category:

Frauen W50

Total time: 55:44

Speed: 9.69 km/h

Running performance: 5:59 min/km

Rank in course/Total: 237 (of 286)

Rank in course/Women: 51 (of 77)

Best time in course: 35:49

Rank in category: 5(of 5)

Best time in the category: 49:52