



7. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 03.04.2010

Detailed evaluation

Pfeuffer, Bodo

Club: WSV Ilmenau 08

Number: 124

Course: 9.30 km

Kurze Strecke

Category:

Männer M70

Total time: 56:18

Speed: 9.59 km/h

Running performance: 6:03 min/km

Rank in course/Total: 240 (of 286)

Rank in course/Men: 188 (of 209)

Best time in course: 31:06

Rank in category: 3(of 6)

Best time in the category: 40:40