



7. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 03.04.2010

Detailed evaluation

Küffner, Astrid

Club: Erfurt
Number: 276

Course: 9.30 km
Kurze Strecke

Category:
Frauen W35

Total time: 56:50

Speed: 9.50 km/h
Running performance: 6:07 min/km

Rank in course/Total: 243 (of 286)

Rank in course/Women: 54 (of 77)

Best time in course: 35:49

Rank in category: 6(of 9)

Best time in the category: 45:31