



7. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 03.04.2010

Detailed evaluation

Flemming, Mandy

Club: Martinroda

Number: 278

Course: 9.30 km

Kurze Strecke

Category:

Frauen W20

Total time: 1:00:49

Speed: 8.88 km/h

Running performance: 6:32 min/km

Rank in course/Total: 269 (of 286)

Rank in course/Women: 64 (of 77)

Best time in course: 35:49

Rank in category: 15(of 18)

Best time in the category: 37:05