



7. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 03.04.2010

Detailed evaluation

Schrickel, Andre

Club: WSV-Ilmenau

Number: 147

Course: 9.30 km

Kurze Strecke

Category:

Männer M45

Total time: 38:23

Speed: 14.07 km/h

Running performance: 4:08 min/km

Rank in course/Total: 27 (of 286)

Rank in course/Men: 25 (of 209)

Best time in course: 31:06

Rank in category: 3(of 35)

Best time in the category: 36:01