



## 7. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 03.04.2010

### Detailed evaluation

**Wenzlaff, Martina**

Club: Arnstadt

Number: 253

Course: 9.30 km

Kurze Strecke

Category:

Frauen W45

Total time: 1:02:00

Speed: 8.71 km/h

Running performance: 6:40 min/km

Rank in course/Total: 273 (of 286)

Rank in course/Women: 68 (of 77)

Best time in course: 35:49

Rank in category: 11(of 12)

Best time in the category: 40:30