



## 7. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 03.04.2010

### Detailed evaluation

Günzel, Saskia

Club: Roadrunners Schalkau

Number: 299

Course: 9.30 km

Kurze Strecke

Category:

Frauen W20

Total time: 1:04:06

Speed: 8.42 km/h

Running performance: 6:53 min/km

Rank in course/Total: 281 (of 286)

Rank in course/Women: 74 (of 77)

Best time in course: 35:49

Rank in category: 18(of 18)

Best time in the category: 37:05