



7. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 03.04.2010

Detailed evaluation

Kurch, Jörg

Club: VfL 28 Ellrich

Number: 84

Course: 9.30 km

Kurze Strecke

Category:

Männer M50

Total time: 38:42

Speed: 13.95 km/h

Running performance: 4:10 min/km

Rank in course/Total: 29 (of 286)

Rank in course/Men: 27 (of 209)

Best time in course: 31:06

Rank in category: 1(of 22)

Best time in the category: 38:42