



7. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 03.04.2010

Detailed evaluation

Bergmann, Sebastian

Club: SV TU Ilmenau

Number: 305

Course: 18.50 km

Lange Strecke

Category:

Männer M20

Total time: 1:07:45

Speed: 15.94 km/h

Running performance: 3:40 min/km

Rank in course/Total: 6 (of 158)

Rank in course/Men: 6 (of 137)

Best time in course: 1:05:08

Rank in category: 3(of 23)

Best time in the category: 1:05:35