



7. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 03.04.2010

Detailed evaluation

Bauckmeier, Steffen

Club: Glienicke

Number: 271

Course: 9.30 km

Kurze Strecke

Category:

Männer M40

Total time: 38:53

Speed: 13.89 km/h

Running performance: 4:11 min/km

Rank in course/Total: 31 (of 286)

Rank in course/Men: 29 (of 209)

Best time in course: 31:06

Rank in category: 4(of 27)

Best time in the category: 31:57