



7. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 03.04.2010

Detailed evaluation

Hofmann, Mario

Club: TSV 1880 Elgersburg

Number: 344

Course: 18.50 km

Lange Strecke

Category:

Männer M40

Total time: 1:15:49

Speed: 14.24 km/h

Running performance: 4:06 min/km

Rank in course/Total: 29 (of 158)

Rank in course/Men: 29 (of 137)

Best time in course: 1:05:08

Rank in category: 7(of 27)

Best time in the category: 1:05:52