



## 7. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 03.04.2010

### Detailed evaluation

**Thomas, Gesine**

Club: SV Bad Berka

Number: 390

Course: 18.50 km

Lange Strecke

Category:

Frauen W40

Total time: 1:21:16

Speed: 13.66 km/h

Running performance: 4:23 min/km

Rank in course/Total: 44 (of 158)

Rank in course/Women: 2 (of 21)

Best time in course: 1:18:48

Rank in category: 2(of 8)

Best time in the category: 1:18:48