



## 7. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 03.04.2010

### Detailed evaluation

**Liebig, Thilo**

Club: Meininger Pepper Power Team

Number: 360

Course: 18.50 km

Lange Strecke

Category:

Männer M40

Total time: 1:22:11

Speed: 13.14 km/h

Running performance: 4:26 min/km

Rank in course/Total: 47 (of 158)

Rank in course/Men: 45 (of 137)

Best time in course: 1:05:08

Rank in category: 14(of 27)

Best time in the category: 1:05:52