



7. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 03.04.2010

Detailed evaluation

Ullrich, Mathias

Club: Ingolstadt

Number: 391

Course: 18.50 km

Lange Strecke

Category:

Männer M35

Total time: 1:22:29

Speed: 13.09 km/h

Running performance: 4:28 min/km

Rank in course/Total: 49 (of 158)

Rank in course/Men: 47 (of 137)

Best time in course: 1:05:08

Rank in category: 6(of 16)

Best time in the category: 1:08:23