



7. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 03.04.2010

Detailed evaluation

Rehberg, Ingo

Club: Team Kondi - Uni Bayreuth

Number: 372

Course: 18.50 km

Lange Strecke

Category:

Männer M55

Total time: 1:23:31

Speed: 12.93 km/h

Running performance: 4:31 min/km

Rank in course/Total: 54 (of 158)

Rank in course/Men: 52 (of 137)

Best time in course: 1:05:08

Rank in category: 2(of 10)

Best time in the category: 1:22:17