



7. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 03.04.2010

Detailed evaluation

Jeschke, Barnim

Club: MRRC München

Number: 431

Course: 18.50 km

Lange Strecke

Category:

Männer M45

Total time: 1:29:58

Speed: 12.00 km/h

Running performance: 4:52 min/km

Rank in course/Total: 80 (of 158)

Rank in course/Men: 77 (of 137)

Best time in course: 1:05:08

Rank in category: 11(of 25)

Best time in the category: 1:05:08