



## 7. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 03.04.2010

### Detailed evaluation

**Möller, Gunnar**

Club: LG Frauenwald

Number: 413

Course: 18.50 km

Lange Strecke

Category:

Männer M45

Total time: 1:32:45

Speed: 11.64 km/h

Running performance: 5:01 min/km

Rank in course/Total: 97 (of 158)

Rank in course/Men: 91 (of 137)

Best time in course: 1:05:08

Rank in category: 15(of 25)

Best time in the category: 1:05:08