



7. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 03.04.2010

Detailed evaluation

Smerling, Peter

Club: Martinroda

Number: 458

Course: 18.50 km

Lange Strecke

Category:

Männer M40

Total time: 1:34:00

Speed: 11.49 km/h

Running performance: 5:05 min/km

Rank in course/Total: 103 (of 158)

Rank in course/Men: 97 (of 137)

Best time in course: 1:05:08

Rank in category: 22(of 27)

Best time in the category: 1:05:52