



7. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 03.04.2010

Detailed evaluation

Dorn, Marcel

Club: FFW Suhl

Number: 405

Course: 18.50 km

Lange Strecke

Category:

Männer M20

Total time: 1:36:38

Speed: 11.18 km/h

Running performance: 5:13 min/km

Rank in course/Total: 112 (of 158)

Rank in course/Men: 104 (of 137)

Best time in course: 1:05:08

Rank in category: 18(of 23)

Best time in the category: 1:05:35