



7. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 03.04.2010

Detailed evaluation

Wegner-Berndt, Andreas

Club: RV 1893 Schleusingen

Number: 434

Course: 18.50 km

Lange Strecke

Category:

Männer M35

Total time: 1:37:35

Speed: 11.37 km/h

Running performance: 5:16 min/km

Rank in course/Total: 118 (of 158)

Rank in course/Men: 109 (of 137)

Best time in course: 1:05:08

Rank in category: 16(of 16)

Best time in the category: 1:08:23