



7. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 03.04.2010

Detailed evaluation

Biela, Katharina

Club: Ilmenau

Number: 307

Course: 18.50 km

Lange Strecke

Category:

Frauen W20

Total time: 1:44:30

Speed: 10.33 km/h

Running performance: 5:39 min/km

Rank in course/Total: 139 (of 158)

Rank in course/Women: 12 (of 21)

Best time in course: 1:18:48

Rank in category: 3(of 3)

Best time in the category: 1:31:31