



7. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 03.04.2010

Detailed evaluation

Winkler, Elke

Club: Nofretete e.V.

Number: 438

Course: 18.50 km

Lange Strecke

Category:

Frauen W50

Total time: 1:52:28

Speed: 9.60 km/h

Running performance: 6:05 min/km

Rank in course/Total: 149 (of 158)

Rank in course/Women: 15 (of 21)

Best time in course: 1:18:48

Rank in category: 2(of 2)

Best time in the category: 1:32:10