



7. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 03.04.2010

Detailed evaluation

Hallung, Beate

Club: Suhl

Number: 401

Course: 18.50 km

Lange Strecke

Category:

Frauen W40

Total time: 2:51:13

Speed: 6.31 km/h

Running performance: 9:15 min/km

Rank in course/Total: 157 (of 158)

Rank in course/Women: 21 (of 21)

Best time in course: 1:18:48

Rank in category: 8(of 8)

Best time in the category: 1:18:48