



7. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 03.04.2010

Detailed evaluation

Thalmann, Jörg

Club: DAV

Number: 528

Course: 9.30 km

Kurze Strecke

Category:

Männer M45

Total time: 40:33

Speed: 13.32 km/h

Running performance: 4:22 min/km

Rank in course/Total: 48 (of 286)

Rank in course/Men: 45 (of 209)

Best time in course: 31:06

Rank in category: 6(of 35)

Best time in the category: 36:01