



7. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 03.04.2010

Detailed evaluation

Flachowsky, Gerhard

Club: MTV Hondelage

Number: 26

Course: 9.30 km

Kurze Strecke

Category:

Männer M65

Total time: 41:16

Speed: 13.09 km/h

Running performance: 4:26 min/km

Rank in course/Total: 53 (of 286)

Rank in course/Men: 50 (of 209)

Best time in course: 31:06

Rank in category: 1(of 7)

Best time in the category: 41:16