



7. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 03.04.2010

Detailed evaluation

Schalk, Udo

Club: Dream-Team-Ilmenau

Number: 252

Course: 9.30 km

Kurze Strecke

Category:

Männer M45

Total time: 41:32

Speed: 13.00 km/h

Running performance: 4:28 min/km

Rank in course/Total: 56 (of 286)

Rank in course/Men: 53 (of 209)

Best time in course: 31:06

Rank in category: 7(of 35)

Best time in the category: 36:01