



7. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 03.04.2010

Detailed evaluation

Gerling, Cornelia

Club: Waltershausen

Number: 35

Course: 9.30 km

Kurze Strecke

Category:

Frauen W40

Total time: 43:46

Speed: 12.34 km/h

Running performance: 4:43 min/km

Rank in course/Total: 81 (of 286)

Rank in course/Women: 6 (of 77)

Best time in course: 35:49

Rank in category: 2(of 18)

Best time in the category: 43:12