



7. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 03.04.2010

Detailed evaluation

Kreyer, Gunter

Club: Nohra

Number: 81

Course: 9.30 km

Kurze Strecke

Category:

Männer M60

Total time: 43:50

Speed: 12.32 km/h

Running performance: 4:43 min/km

Rank in course/Total: 83 (of 286)

Rank in course/Men: 77 (of 209)

Best time in course: 31:06

Rank in category: 5(of 19)

Best time in the category: 35:29