



## 7. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 03.04.2010

### Detailed evaluation

**Ulke, Susanne**

Club: Fitnessstudio Top in Form

Number: 296

Course: 9.30 km

Kurze Strecke

Category:

Frauen W40

Total time: 44:04

Speed: 12.25 km/h

Running performance: 4:44 min/km

Rank in course/Total: 86 (of 286)

Rank in course/Women: 7 (of 77)

Best time in course: 35:49

Rank in category: 3(of 18)

Best time in the category: 43:12