



1. Breitunger Pleß-Berglauf  
Breitungen / 11.04.2010

Detailed evaluation

Kirchner, Alexander

Club: Rhöner WSV

Number: 213

Course: 5.99 km

Berglauf

Category:

Männer M30

Total time: 31:17

Speed: 9.59 km/h

Running performance: 5:13 min/km

Rank in course/Total: 11 (of 35)

Rank in course/Men: 11 (of 31)

Best time in course: 29:03

Rank in category: 3(of 6)

Best time in the category: 29:46