



1. Breitunger Pleß-Berglauf
Breitungen / 11.04.2010

Detailed evaluation

Swiderski, Jan

Club: Bosch Eisenach

Number: 111

Course: 5.99 km

Berglauf

Category:

Männer M45

Total time: 35:20

Speed: 8.49 km/h

Running performance: 5:54 min/km

Rank in course/Total: 18 (of 35)

Rank in course/Men: 18 (of 31)

Best time in course: 29:03

Rank in category: 2(of 3)

Best time in the category: 29:06