



1. Breitunger Pleß-Berglauf
Breitungen / 11.04.2010

Detailed evaluation

Rudolph, Bernd

Club: Lauffreß Breitungen
Number: 106

Course: 5.99 km
Berglauf

Category:
Männer M45

Total time: 38:29

Speed: 7.80 km/h
Running performance: 6:25 min/km

Rank in course/Total: 25 (of 35)

Rank in course/Men: 25 (of 31)

Best time in course: 29:03

Rank in category: 3(of 3)

Best time in the category: 29:06