



1. Breitunger Pleß-Berglauf  
Breitungen / 11.04.2010

Detailed evaluation

lauterbach, thomas

Club: rmv consordia strullendorf  
Number: 109

Course: 5.99 km  
Berglauf

Category:  
Männer M40

Total time: 29:10

Speed: 10.29 km/h  
Running performance: 4:52 min/km

Rank in course/Total: 3 (of 35)

Rank in course/Men: 3 (of 31)

Best time in course: 29:03

Rank in category: 1(of 5)

Best time in the category: 29:10