



30. Silberberglauf Möhrenbach  
Möhrenbach/ Thüringen / 17.04.2010

Detailed evaluation

Hahnemann, Norbert

Club: SG Motor Arnstadt  
Number: 251

Course: 19.00 km  
Großer Lauf

Category:  
Männer M50

Total time: 1:39:52

Speed: 11.42 km/h  
Running performance: 5:16 min/km

Rank in course/Total: 40 (of 50)

Rank in course/Men: 37 (of 46)

Best time in course: 1:11:53

Rank in category: 9(of 10)

Best time in the category: 1:21:53