



30. Silberberglauf Möhrenbach  
Möhrenbach/ Thüringen / 17.04.2010

Detailed evaluation

Zelle, Monique

Club: Dream Team Ilmenau  
Number: 294

Course: 19.00 km  
Großer Lauf

Category:  
Frauen W40

Total time: 1:40:25

Speed: 11.35 km/h  
Running performance: 5:17 min/km

Rank in course/Total: 44 (of 50)

Rank in course/Women: 4 (of 4)

Best time in course: 1:34:00

Rank in category: 2(of 2)

Best time in the category: 1:35:11