



30. Silberberglauf Möhrenbach  
Möhrenbach/ Thüringen / 17.04.2010

Detailed evaluation

Kühn, Jürgen

Club: SV Ilmtal Manebach

Number: 100

Course: 11.00 km

Hauptlauf

Category:

Männer M45

Total time: 49:47

Speed: 13.26 km/h

Running performance: 4:32 min/km

Rank in course/Total: 10 (of 96)

Rank in course/Men: 9 (of 62)

Best time in course: 46:48

Rank in category: 3(of 12)

Best time in the category: 47:36