



30. Silberberglauf Möhrenbach  
Möhrenbach/ Thüringen / 17.04.2010

Detailed evaluation

Eberhardt, Volker

Club: Berlin  
Number: 44

Course: 11.00 km  
Hauptlauf

Category:  
Männer M45

Total time: 53:11

Speed: 12.41 km/h  
Running performance: 4:50 min/km

Rank in course/Total: 23 (of 96)

Rank in course/Men: 22 (of 62)

Best time in course: 46:48

Rank in category: 7(of 12)

Best time in the category: 47:36