



30. Silberberglauf Möhrenbach  
Möhrenbach/ Thüringen / 17.04.2010

Detailed evaluation

Hartwich, Manfred

Club: MTV Erfurt  
Number: 95

Course: 11.00 km  
Hauptlauf

Category:  
Männer M50

Total time: 55:15

Speed: 11.95 km/h  
Running performance: 5:01 min/km

Rank in course/Total: 29 (of 96)

Rank in course/Men: 28 (of 62)

Best time in course: 46:48

Rank in category: 2(of 3)

Best time in the category: 50:31