



30. Silberberglauf Möhrenbach
Möhrenbach/ Thüringen / 17.04.2010

Detailed evaluation

Lindner, Kathrin

Club: LSV Lok Arnstadt
Number: 15

Course: 11.00 km
Hauptlauf

Category:
Frauen W45

Total time: 59:27

Speed: 11.10 km/h
Running performance: 5:24 min/km

Rank in course/Total: 45 (of 96)
Rank in course/Women: 7 (of 34)
Best time in course: 43:03

Rank in category: 3(of 8)
Best time in the category: 55:18