



30. Silberberglauf Möhrenbach  
Möhrenbach/ Thüringen / 17.04.2010

Detailed evaluation

**Brandt, Sebastian**

Club: Fitnessoase Ohrdruf  
Number: 71

Course: 11.00 km  
Hauptlauf

Category:  
Männer M20

Total time: 59:34

Speed: 11.08 km/h  
Running performance: 5:25 min/km

Rank in course/Total: 46 (of 96)

Rank in course/Men: 39 (of 62)

Best time in course: 46:48

Rank in category: 3(of 3)

Best time in the category: 49:02