



30. Silberberglauf Möhrenbach  
Möhrenbach/ Thüringen / 17.04.2010

Detailed evaluation

Dehmel, Gerhard

Club: ThWV Ilmenau

Number: 37

Course: 11.00 km

Hauptlauf

Category:

Männer M70

Total time: 59:57

Speed: 11.01 km/h

Running performance: 5:27 min/km

Rank in course/Total: 48 (of 96)

Rank in course/Men: 41 (of 62)

Best time in course: 46:48

Rank in category: 1(of 5)

Best time in the category: 59:57