



30. Silberberglauf Möhrenbach
Möhrenbach/ Thüringen / 17.04.2010

Detailed evaluation

Zobirei, Ralf

Club: SWV Goldlauter-Heidersbach
Number: 35

Course: 11.00 km
Hauptlauf

Category:
Männer M55

Total time: 1:01:42

Speed: 10.70 km/h
Running performance: 5:37 min/km

Rank in course/Total: 58 (of 96)

Rank in course/Men: 46 (of 62)

Best time in course: 46:48

Rank in category: 7(of 9)

Best time in the category: 48:20