



30. Silberberglauf Möhrenbach
Möhrenbach/ Thüringen / 17.04.2010

Detailed evaluation

Henkel, Uwe

Club: SV Thuringia Königsee
Number: 58

Course: 11.00 km
Hauptlauf

Category:
Männer M55

Total time: 1:02:19

Speed: 10.59 km/h
Running performance: 5:40 min/km

Rank in course/Total: 60 (of 96)

Rank in course/Men: 48 (of 62)

Best time in course: 46:48

Rank in category: 8(of 9)

Best time in the category: 48:20