



30. Silberberglauf Möhrenbach  
Möhrenbach/ Thüringen / 17.04.2010

Detailed evaluation

Wenzel, Sabine

Club: LSV LOK Arnstadt  
Number: 12

Course: 11.00 km  
Hauptlauf

Category:  
Frauen W40

Total time: 1:05:46

Speed: 10.04 km/h  
Running performance: 5:59 min/km

Rank in course/Total: 68 (of 96)  
Rank in course/Women: 18 (of 34)

Best time in course: 43:03

Rank in category: 3(of 10)  
Best time in the category: 1:00:36