



30. Silberberglauf Möhrenbach
Möhrenbach/ Thüringen / 17.04.2010

Detailed evaluation

Helbig, Katrin

Club: SV Thuringia Königsee
Number: 59

Course: 11.00 km
Hauptlauf

Category:
Frauen W40

Total time: 1:08:52

Speed: 9.58 km/h
Running performance: 6:16 min/km

Rank in course/Total: 80 (of 96)
Rank in course/Women: 26 (of 34)

Best time in course: 43:03

Rank in category: 6(of 10)
Best time in the category: 1:00:36