



30. Silberberglauf Möhrenbach  
Möhrenbach/ Thüringen / 17.04.2010

Detailed evaluation

Ludwig, Eckhard

Club: Bad Berka

Number: 285

Course: 19.00 km

Großer Lauf

Category:

Männer M50

Total time: 2:12:09

Speed: 8.63 km/h

Running performance: 6:58 min/km

Rank in course/Total: 50 (of 50)

Rank in course/Men: 46 (of 46)

Best time in course: 1:11:53

Rank in category: 10(of 10)

Best time in the category: 1:21:53